



**SENIOR PROGRAM BULLETIN**  
**November 2016**

428 Chitimacha Loop  
Charenton, LA 70523  
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**Staff**

Kim Cook: Senior Director  
Candy Marcotte: Cook  
Connie Broussard: Assistant Cook  
Ed Burgess: Maintenance Worker

**Meals Hours of Operation :**

Mon. - Fri. (except holidays)

Wednesday Breakfast:

7:30 a.m. to 8:30 a.m.

Daily Lunch:

10:45 a.m. to 12:00 p.m.

**HAPPY  
THANKSGIVING**



**Special Updates/News/Announcements:**

- ◆ The Chitimacha Health and Human Services Department’s monthly Diabetes Support Group facilitated by Margo Price will be held on Wednesday, November 30th, during breakfast. This group is open to the community involving those with Diabetes and those caring for or having relatives with Diabetes.
- ◆ The “Remember When Photo Session” this month is scheduled to take place on Wednesday, November 9, 2016 at 11:30a.m.
- ◆ The Chitimacha Health & Human Services Department will be hosting a “Healthy Snack Demo” on Monday, November 14, 2016 at 12:00 p.m. in the RiverCane Dining Room. Please come out and join us.

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# November Menu:

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Mexican Lasagna Chips & Salsa Salad Dessert	2 <b>**Breakfast</b> Cajun Turkey Sandwich Lettuce & Tomato Chips Dessert	3 Pork Roast White Beans Rice Spinach Dessert	4 Baked Fish Herb Roasted Potatoes Steamed California Blend Veggies Dessert
7 Baked Ham Blackeye Peas Smothered Cabbage Dessert	8 Chicken & Sausage Gumbo Rice Potato Salad Dessert	9 <b>**Breakfast</b> Pulled Pork on a Bun French Fries Lettuce & Tomato Dessert	10 Meatloaf Macaroni & Cheese Peas Dessert	11 Closed in Observance of Veteran's Day!
14 Chili with Beans Cheesy Bread Dessert	15 Shake & Bake Pork Chops Red Beans & Rice Peas & Carrots Dessert	16 <b>**Breakfast</b> Beef Fritters Pepper Potatoes Coleslaw Dessert	17 Chicken Stir Fry w/ Noodles Pork Egg Roll Dessert	18 Shrimp Stew Rice Devilled Eggs Dessert
21 Vegetable & Beef Soup Crackers Dessert	22 Fried Chicken Tenders French Fries Salad Dessert	23 <b>**Breakfast</b> Prime Rib Roast Rice Dressing Steamed Brussel Sprouts Dessert	24 Closed in Observance of Thanksgiving Holiday!	25 Closed in Observance of Thanksgiving Holiday!
28 Chef Salad with Grilled Chicken Crackers Dessert	29 White Bean Soup with Baked Ham Crackers Salad Dessert	30 3 Meat Spaghetti Garlic Bread Carrots Dessert		<b>Please Note: Menu is subject to change at anytime.</b>
<b><u>Breakfast Menu:</u></b> 2: Oatmeal, Scrambled Eggs, Bacon, Sausage Patty, Biscuit	9: French Bread Toast, Sausage Links, Bacon, Fried Eggs, & Fruit	16: Grits, Bacon, Sausage Links, Fried Eggs, & Biscuit w/ Gravy	23: Sausage, Egg, & Cheese English Muffin and a Hashbrown.	30: Pancakes, Scrambled Eggs, Bacon, Sausage Links, & Yogurt.

**Calendar of Events  
November**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
			Tribal Bingo 12:00 p.m. Happy Birthday Heloise Lange	Shopping Day: To Walmart & Raintree Market Happy Birthday William Mora, Jr. Happy Birthday Melanda Butaud		
6	7	8	9	10	11	12
	Quarter Bingo 12:00 p.m.	Happy Birthday Burton Broussard Happy Birthday Hilda Darden	Pick up Commodities in Baldwin 8:30 a.m.  Remember When 11:30 a.m.	Shopping Day: To Walmart & Raintree Market	Closed in Observance of Veteran's Day! Happy Birthday John A. Darden, Jr.	Happy Birthday Edward Burgess
13	14	15	16	17	18	19
	Healthy Snack Demo 12:00 p.m.  Happy Birthday Ruth Galtier	Pokeno 12:00 p.m. in the RiverCane Dining Room	Happy Birthday David Marcotte	Shopping Day: To Walmart & Raintree Market	Happy Birthday Wade Clements	
20	21	22	23	24	25	26
Happy Birthday Ronald Burgess  Happy Birthday Darnella Burgess	Thanksgiving Dessert Bingo 12:00 p.m.	Shopping Day: To Walmart & Raintree Market 7:30 a.m. Happy Birthday Dianne Darden		Closed in Observance of Thanksgiving Holiday!	Closed in Observance of Thanksgiving Holiday!	Happy Birthday Cheryl Ladnier  Happy Birthday Tony Darden
27	28	29	30			
	Quarter Bingo 12:00 p.m.		Diabetes Support Group w/Margo Price During Breakfast			



## Pokeno

For all who signed up, for our Pokeno group, we apologize that we could not conduct our first game last month, however, let's hold our first game on:

Tuesday, November 15th at 12:00 p.m. in the RiverCane Dining Room.

We will be playing for cash and it is \$5.00 per player.

It's not too late for those who did not sign up, so feel free to join us!

Should you have any questions, feel free to contact Kim Cook at your convenience.



## Thanksgiving Dessert Bingo!!!

Tribal Elders, please join us as we host our Annual Thanksgiving Dessert Bingo on Monday, November 21, 2016 at 12:00 p.m.

Let us know if you plan on attending and/or bringing a dessert prize so we can be sure to have enough prizes.

See you there!

