



## SENIOR PROGRAM BULLETIN

October 2016

428 Chitimacha Loop  
 Charenton, LA 70523  
 Office: (337) 923-4114  
 kimb@chitimacha.gov or (337) 579-7172 - Cell

### Staff

Kim Cook: Senior Director  
 Candy Marcotte: Cook  
 Connie Broussard: Assistant Cook  
 Ed Burgess: Maintenance Worker

### Meals Hours of Operation :

Mon. - Fri. (except holidays)

#### Wednesday Breakfast:

7:30 a.m. to 8:30 a.m.

#### Daily Lunch:

10:45 a.m. to 12:00 p.m.

### Special Updates/News/Announcements:

- ◆ The Chitimacha Health and Human Services Department's monthly Diabetes Support Group facilitated by Margo Price will be held on Wednesday, October 26th, during breakfast. This group is open to the community involving those with Diabetes and those caring for or having relatives with Diabetes.
- ◆ The "Remember When Photo Session" this month is scheduled to take place on Monday, October 31, 2016 at 11:30a.m.
- ◆ Pet Parade: The Chitimacha Tribal School in conjunction with the Chitimacha Child Development Center will be hosting a Pet Parade here at RiverCane on Friday, October 14, 2016 at 11:30 a.m. The children would like to share the love of their pets with you, so we hope you can join us that day.

### Inside this issue:

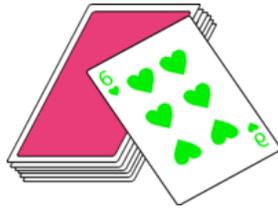
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# October Menu:

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Garlic &amp; Lemon Chicken Herb Roasted Potatoes Steamed Broccoli Dessert</p>	<p>4 Pork Roast Rice &amp; Gravy Green Beans w/ Potatoes &amp; Bacon Dessert</p>	<p>5 <b>**Breakfast</b> Hotdog w/Chili French Fries Dessert</p>	<p>6 Beef Roast Rice &amp; Gravy Peas &amp; Carrots Dessert</p>	<p>7 Fried Fish White Beans &amp; Rice Mixed Veggies Dessert</p>
<p>10 Baked Ham Mac &amp; Cheese Yams Dessert</p>	<p>11 Meat Loaf Creamed Potatoes Corn Dessert</p>	<p>12 <b>**Breakfast</b> Ham &amp; Cheese Po'Boy Lettuce &amp; Tomato Chips Dessert</p>	<p>13 Chicken, Sausage &amp; Okra Gumbo Rice Potato Salad Dessert</p>	<p>14 Fried Shrimp French Fries Salad Dessert</p>
<p>17 Groundmeat Spaghetti Sweet Peas Salad Garlic Bread Dessert</p>	<p>18 Fresh Pork Sausage Red Beans Rice Salad Dessert</p>	<p>19 <b>**Breakfast</b> Chili w/ Beans Crackers Dessert</p>	<p>20 Oven Barbequed Chicken Rice Dressing Baked Beans Dessert</p>	<p>21 Tuna Sandwiches Tots w/Cheese Salad Dessert</p>
<p>24 Baked Pork Chops Spaghetti &amp; Cheese Green Beans w/ Bacon &amp; Potatoes Dessert</p>	<p>25 Pulled Pork on a Bun French Fries Lettuce &amp; Tomato Dessert</p>	<p>26 <b>**Breakfast</b> Beef &amp; Vegetable Soup Crackers Dessert</p>	<p>27 Smothered Chicken Field Peas Rice Mixed Vegetables Dessert</p>	<p>28 Boiled Shrimp Salad Crackers Dessert</p>
<p>31 Sausage Creole Rice Peas &amp; Carrots Dessert</p>				
<p><u>Breakfast Menu:</u> 5: Pancakes, Bacon, Sausage Patty, &amp; Scrambled Eggs, Yogurt</p>	<p>12: Grits, Eggs, Bacon, Sausage Links, Biscuit w/ Gravy</p>	<p>19: Oatmeal, Scrambled Eggs, Bacon, Sausage Patty, &amp; Fruit</p>	<p>26: Omelet Style Eggs, Sausage Patty, Bacon, &amp; Hashbrown.</p>	<p><b>Please Note: Menu is subject to change at anytime.</b></p>

**Calendar of Events  
October**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						Happy Birthday Tammy LaGarde
2	3	4	5	6	7	8
	Happy Birthday O'Neil Darden, Sr.		Tribal Bingo 12:00 p.m. Happy Birthday Daryl Sisk  Happy Birthday Slim Sedatol	Shopping Day: To Walmart & Raintree Market		Happy Birthday Lois Darden
9	10	11	12	13	14	15
	Quarter Bingo 12:00 p.m.	Happy Birthday Vickie Martin		Shopping Day: To Walmart & Raintree Market	Pet Parade 11:30 a.m.	
16	17	18	19	20	21	22
	Quarter Bingo 12:00 p.m.  Happy Birthday Willie Boudreaux	Pokeno 10:00 a.m. in the RiverCane Dining Room	Happy Birthday Clifford Burgess	Shopping Day: To Walmart & Raintree Market		Happy Birthday Stella Talley
23	24	25	26	27	28	29
	Quarter Bingo 12:00 p.m.	Happy Birthday Dan Darden	Pick up Commodities in Baldwin 8:30 a.m. Diabetes Support Group w/Margo Price During Breakfast	Shopping Day: To Walmart & Raintree Market		
30	31	1				
Happy Birthday Judy Proctor  Happy Birthday Dean LeBlanc	Remember When 11:30 a.m.  Happy Birthday Keith Richard	Quarter Bingo 12:00 p.m.				



### Pokeno

We are glad to announce that several people signed up for the Pokeno group. If you have any friends or relatives who are interested in signing up, it is not too late please let us know.

The more participants, the merrier.

Also, for those of you who signed up, it looks like the day of the week that we will host the Pokeno will be on Tuesdays and in the morning.

I will send out all of the details of the Pokeno group to all who signed up soon.

Our first Pokeno game will be held on tentatively on

Tuesday, October 18th at 10:00 a.m. in the RiverCane Dining Room. We will be playing for cash and it is \$5.00 per player.

We want to give a special thank you to Mrs. Barbara Clement for assisting us in starting this group. We hope to see you there!

Should you have any questions, feel free to contact Kim Cook at your convenience.



### Fraud Announcement

Please be advised, if you receive a phone call from the Internal Revenue Service (IRS), do NOT give out any personal information.

This is an attempt for fraudulent scammers to hack your identity!

Please know that the IRS will never contact you for personal information.

Any time you receive a phone call from any unknown phone number, especially an (800) number, never ever give out any personal information.

If you feel that a scammer is trying to obtain your information, please call the Chitimacha Police Department and file a report.

Chitimacha Police Dept. Phone Number: (337) 923-4964.