



## SENIOR PROGRAM BULLETIN

June 2021

428 Chitimacha Loop  
Charenton, LA 70523  
Office: (337) 923-4114  
RiverCane Director: Kim Cook  
kimb@chitimacha.gov or (337) 579-7172 - Cell

### Staff

Kim Cook: Director  
Candy Marcotte: Cook  
Connie Broussard: Assistant Cook  
Ed Burgess: Maintenance Worker

Hours of Operation :  
Mon. - Fri. (except holidays)

Wednesday Breakfast:

7:30 a.m. to 8:30 a.m.

Daily Lunch (Curbside):

10:45 a.m. to 11:45 a.m.

### ***Special Updates/News/Announcements***

Due to the ongoing Coronavirus (COVID-19) pandemic, RiverCane Senior Center continues to remain closed to the public until further notice (or by appointment only) and access inside the facility will only be limited to staff members and authorized personnel.

RiverCane is still working on a plan to re-open the facility; We understand many of you are ready to come back and dine in, conduct activities, etc., however, our goal remains to ensure that we carefully plan accordingly in order to prepare for, respond to and prevent outbreaks during this pandemic. In the meantime, we encourage you to get your vaccination and continue to practice social distancing. We hope to give you a better update next month!

We continue to provide our regular meal and weekly shopping services.

As always, if you have any questions, are seeking information, or have any comments or concerns feel free to contact Kim Cook on her cell phone listed above.



### **Inside this issue:**

Monthly Meal	2
Calendar of Events	3
Diabetes Support Group Announcement	4

# June Menu:

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> <b>Beef &amp; Vegetable Soup</b> <b>Crackers</b> <b>Dessert</b>	<b>2</b> <u><b>Breakfast:</b></u> <b>Biscuit with Sausage Gravy, Scrambled Eggs, and Bacon</b> <u><b>Lunch:</b></u> <b>Chicken Sandwich</b> <b>Lettuce &amp; Tomato Chips</b> <b>Dessert</b>	<b>3</b> <b>Smothered Chicken</b> <b>Lima Beans</b> <b>Rice</b> <b>Beets</b> <b>Dessert</b>	<b>4</b> <b>Tuna Salad with Tomato Wedges</b> <b>Dinner Roll</b> <b>Dessert</b>
<b>7</b> <b>Meatball Spaghetti</b> <b>Sweet Peas</b> <b>Garlic Bread</b> <b>Dessert</b>	<b>8</b> <b>Personal Pan Pizza</b> <b>Breadsticks</b> <b>Dessert</b>	<b>9</b> <u><b>Breakfast:</b></u> <b>Diabetes Support Group Breakfast</b> <u><b>Lunch:</b></u> <b>Chili &amp; Cheese Tater Tots</b> <b>Salad</b> <b>Dessert</b>	<b>10</b> <b>Pork Stir Fry with Noodles</b> <b>Egg Roll</b> <b>Dessert</b>	<b>11</b> <b>Crawfish Etouffee</b> <b>Rice</b> <b>Broccoli &amp; Cheese</b> <b>Dessert</b>
<b>14</b> <b>Smothered Potatoes with Sausage</b> <b>Green Beans</b> <b>Dessert</b>	<b>15</b> <b>Beef Tacos w/Lettuce, Tomato, Cheese, Sour Cream, &amp; Salsa</b> <b>Refried Beans</b> <b>Dessert</b>	<b>16</b> <u><b>Breakfast:</b></u> <b>Breakfast Tornado, Scrambled Eggs, &amp; Fruit</b> <u><b>Lunch:</b></u> <b>Corn Dog</b> <b>Cheese Stick</b> <b>Dessert</b>	<b>17</b> <b>Baked Pork Loin</b> <b>Creamed Potatoes with Gravy</b> <b>Steamed Carrots</b> <b>Dessert</b>	<b>18</b> <b>Shrimp &amp; Corn Chowder</b> <b>Buttered Roll</b> <b>Dessert</b>
<b>21</b> <b>Sausage Creole</b> <b>Rice</b> <b>Smothered Cabbage</b> <b>Dessert</b>	<b>22</b> <b>Barbecue Chicken</b> <b>Rice Dressing</b> <b>Coleslaw</b> <b>Dessert</b>	<b>23</b> <u><b>Breakfast:</b></u> <b>Diabetes Support Group Breakfast</b> <u><b>Lunch:</b></u> <b>Turkey &amp; Cheese Po'Boy</b> <b>Lettuce &amp; Tomato Chips</b> <b>Dessert</b>	<b>24</b> <b>Chef Salad with all the Fixings</b> <b>Crackers</b> <b>Dessert</b>	<b>25</b> <b>Fried Catfish topped with Crawfish</b> <b>Etouffee</b> <b>Twice Baked Potato Casserole</b> <b>Salad</b> <b>Dessert</b>
<b>28</b> <b>Italian Meatball Sub</b> <b>Sweet Potato Fries</b> <b>Salad</b> <b>Dessert</b>	<b>29</b> <b>Fried Chicken Wings</b> <b>Red Beans</b> <b>Rice</b> <b>Cornbread</b> <b>Dessert</b>	<b>30</b> <u><b>Breakfast:</b></u> <b>Breakfast Casserole &amp; Fruit</b> <u><b>Lunch:</b></u> <b>Hotdogs with Chili</b> <b>French Fries</b> <b>Dessert</b>		<b>***</b> <b>Please Note:</b> <b>Menu is subject to change at anytime.</b> <b>***</b>

## Calendar of Events June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
				Shopping Day: To Walmart & Raintree Market		
6	7	8	9	10	11	12
Happy Birthday Katrina Darden	<b>Deadline to RSVP for the Diabetes Support Group Breakfast</b>			Happy Birthday Gerald Ecuer Shopping Day: To Walmart & Raintree Market		Election Day Polls Open from 8:00 a.m. to 6:00 p.m.  General Meeting at 12:00 p.m. in the CTS Gym and via Webex
13	14	15	16	17	18	19
				Shopping Day: To Walmart & Raintree Market	Happy Birthday Marguerite Roy	
20	21	22	23	24	25	26
Happy Father's Day!  	Happy Birthday Carol Migues  <b>Deadline to RSVP for the Diabetes Support Group Breakfast</b>			Shopping Day: To Walmart & Raintree Market		Happy Birthday Don Darden  Happy Birthday Patricia Butaud
27	28	29	30			
						



# Diabetes Support Group Announcement!



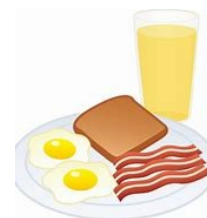
Attention all Chitimacha Community Members! Since our last couple of Diabetes Support Group Sessions were such a success, the Chitimacha Health and Human Services Department in conjunction with RiverCane are pleased to announce that we will be conducting two curbside Diabetes Support Group sessions this month. This group is open to all members of the community who are seeking educational tips and prevention measurements when taking care of themselves and/or their loved ones with Diabetes.

We will provide a healthy breakfast via curbside only and provide educational handouts to participants who RSVP by the deadline.

Details are stated below:



**WHEN: Wednesday, June 09, 2021**  
**TIME: Between 7:30 a.m. and 8:30 a.m.**  
**PICK-UP: RiverCane Senior Center**



**RSVP Deadline: Monday, June 07, 2021 at 5:00 p.m.**

&

**WHEN: Wednesday, June 23, 2021**  
**TIME: Between 7:30 a.m. and 8:30 a.m.**  
**PICK-UP: RiverCane Senior Center**  
**RSVP Deadline: Monday, June 21, 2021 at 5:00 p.m.**

**To RSVP, contact the following:**

**Chitimacha Health Clinic: (337) 923-9955**

**Chitimacha Social Services: (337) 923-7000; or**

**RiverCane Senior Center: (337) 923-4114**

Please note, the breakfast will be individually prepared and so you must RSVP by the deadline in order to receive a breakfast. Also, delivery services are not offered for this group.



*We hope to see you soon!*

